

The Day Before! 7/4/18

Well, I throw myself at the mercy of my doctors who recently found a widow maker inside my heart. A widow maker is an artery that cannot be stented because of its location, usually being at an intersection of two arteries of sort.

I suffered a heart attack in 2005 and did not have any chest pains other than a burning sensation like after eating hot spicy food. I was rushed to the hospital where they found two major arteries blocked 90 percent which they stented up and I was saved.

12% of my heart muscle was killed off from being starved from blood.. This is essentially what a heart attack is, a blocked artery that a blood clot is unable to pass through. In the process the heart muscle dies off and can never be restored or rejuvenated.

On a routine check up in March of 18 and an intervention (Cardiologist goes into your heart with a catheter and shoots a dye to look for blockages) they found the widow maker.

With no chest pains and feeling fine it is a tough decision to allow my chest to be cracked open like a walnut and a bypass performed on the bad clogged artery. The doctor says if I survive I will never ever have a heart attack again. The doctors are amazed that I have had no chest pains with this condition.

Silent killer.

My plumbing to my heart will be all new and all older arteries that are bad, blocked and diseased will be bypassed with new arteries harvested from my chest.

So, it's a dangerous operation with risk of infection, phenomena, or stroke. They actually have to shut your heart off for 38 min while repairing it.

If I don't have it done I'm sure to only live a few more years until an incident in that artery causes sudden death.

The technology is incredible these days and my doctor has performed thousands of these procedures. If for some reason I don't survive I want to send out a Booya to all my friends. I would say family but don't seem to have any left if you can believe that. **Maria, Sam, Toni, Dennis, Ellen, Eric and Bobby** are about all the family I have. To these people, from the bottom of my heart, I love you dearly and deeply. Thank you for everything or anything you've ever done for me. God Bless you all!

If I don't survive I await your arrival in Heaven where we can kick it again.

Will you know my name, if I saw you in heaven! Eric Clapton. Maria's favorite performer.

If you smoke, quit. If you smoked and quit as I have, have an intervention and get the status of your arteries at once and check for blockages.